



MENTAL FORCE

ONESTACK

A multifaceted approach to supporting
the cognitive functions of the brain.

How does Coral Club ONESTACK work?

ONESTACK is a new approach by Coral Club aimed at supporting the body's main systems, offering a single structured solution to a seemingly complex issue.

1 GOAL = 1 STACK

Benefits of ONESTACK from Coral Club?



Multifaceted approach



Complex effect



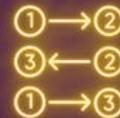
A single structured solution to a seemingly complex issue.



Great value



Synergy of components



Clear directions for a better result

How does Coral Club ONESTACK work?

- You have a goal: for example, to increase brain productivity or improve digestion, detox the body, get rid of skin problems, etc.
- Select the ONESTACK program, aimed at solving this issue.
- Get started
- Clearly follow the instructions. Each product plays its role at just the right time.
- Your body receives the necessary support.
- You enjoy going through the program and the results as well!

Great result? **Repeat it!**

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“The human brain, then, is the most complicated organization of matter that we know.”

I. Asimov

Why Mental Force?



This is where it all begins. Our ideas, goals, plans, self-realization, attitudes, energy levels, well-being, mood, and even resistance to diseases.

ONESTACK: Mental Force is designed to maintain brain functions and normalize the nervous system.

The Brain in numbers

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80-100

billion neurons

70 000

thoughts a day

1 million GB

of long-term memory

25 %

of body's energy supply

120 to 288 km/h

speed of data transfer

Indications of a healthy brain



coordination



memory



Concentration and
attention

Check your brain health indicators

Check yourself:

- What did you have for breakfast two days ago?
- Try to stand on one leg for 20 seconds with your eyes closed.
- How long does it take to remember your first teacher's full name?
- Do you often find it difficult to remember a word that is on the tip of your tongue ?
- Do you always remember where you parked your car?
- Do you have trouble articulating your thoughts?

What limits your brains capabilities?

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Ecology



Sedentary
lifestyle



Chronic
stress



Unbalanced
nutrition



Sleep
deprivation



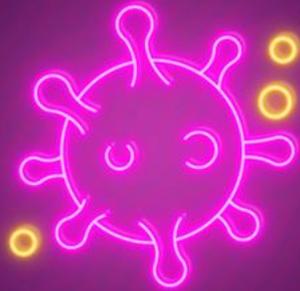
Overworked brain

What you can do today For your brain?

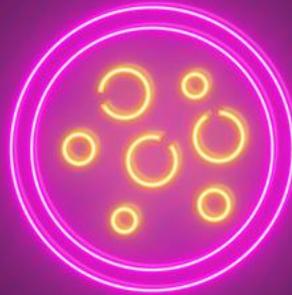
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ONESTACK: Mental Force



**Protects from
toxins**



**Provides proper nutrition
for your cells**



Increases energy

ONESTACK: Mental Force – a single structured solution for those who want:

- to have a good memory
- to relieve stress
- to stay in a good mood
- to improve concentration
- to quickly memorize new information
- to increase reaction speed
- to feel well-rested after sleep
- to wake up and fall asleep easily

ONESTACK: Mental Force - brain food

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3 phases

30 days

20+ active ingredients

8 products:

MindSet

Coral-Mine

Spirulina

Coral Taurine

Coral Magnesium

Coral Lecithin

Coral Carnitine

Omega 3/60

Biologically active components will help to:

- improve long-term and short-term memory
- increase concentration
- improve mood
- normalize sleep-wake cycle
- improve mental performance
- provide the brain with energy

Every phase of this ONESTACK includes

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Coral-Mine

A mineral composition made from deep-sea coral. It has a positive effect on the mineral balance in the organism and helps in flushing out toxins.

Sleep is a vital indicator of overall health and well-being. We spend up to one-third of our lives asleep, and the overall state of our "sleep health" remains an essential question throughout our lifespan.

How Much Sleep Do You Need?

7-9 hours

To get the maximum benefit from sleep you need both quantity and quality. You need to get it on a regular basis but also you need it to be deep to allow full recovery.

Evaluate your bedroom to ensure ideal temperature, sound and light.

Components of success

Improvement of cognitive functions

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Ginkgo biloba

Remember: “Ginkgo biloba= brain”. Ginkgo has antioxidant, anti-inflammatory, and circulatory effects, boosting microcirculation to the brain.

Lipoic acid

Provides antioxidant protection of brain cells, improves concentration, short-term and long-term memory, increases efficiency.

Lecithin.

Lecithin is a naturally occurring substance high in phospholipids – fat-like substances needed to help our brains run smoothly by improving the insulation around nerves. Lecithin is a major part of cell membranes and is vital for proper nerve growth and function

Tyrosine and theanin

Help protect neurons, improve processing speed and coordination.

Components of success

Improvement of cognitive functions

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Spirulina

Is naturally high in protein and a good source of antioxidants and other nutrients including: vitamins A, B, C, E, K, beta-carotene, potassium, calcium, chromium, copper, chlorophyll, polyunsaturated fatty acids.

L-carnitine

Is a type of amino acid that benefits energy levels by transporting fatty acids into the mitochondria where they can be burned up and used as fuel. L-carnitine appears to protect against some of the known negative effects that aging induces in the brain.

Magnesium and B group vitamins

In synergy, they reinforce each other's action, exerting a powerful positive effect on thought processes, the formation of all types of memory, concentration of attention and mood.

Gotu Kola

Is known for its ability to help focus and concentrate, which in turn leads to better memory and brain health.

Components of success

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Protection from stress and sleep normalization

Magnesium

Magnesium supports optimal cognitive health by maximizing the various intricate functions of the brain. Magnesium soothes, reduces tension, irritability and anxiety, increases the ability to concentrate, improves memory and regulates sleep-wake cycles.

St. John's Wort

The extract contains the active substance hypericin, which safely and effectively reduces the feeling of fear and tension, improves mood, and improves sleep.

B group vitamins

B vitamins are necessary for production of neurotransmitters, which regulate mood and conduct messages through the brain.

Theanine.

Theanine increases brain dopamine levels, which is a neurotransmitter responsible for reward-seeking behavior, motivation, attention, and movement.

Components of success

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Protection from stress and sleep normalization

Tyrosine

When stress depletes your neurotransmitter stores, tyrosine helps replenish them, allowing you to stay mentally sharp for longer, especially when you're under pressure.

Taurine

Is an amino acid that is vital in slowing key age-accelerating processes, particularly in the central nervous and cardiovascular systems.

Omega-3

Omega-3, the all-around beneficial fatty acid, which help to deal with anxiety in a natural way.

Ginger

Ginger is rich in antioxidants that protect the brain from free radical damage. The health benefits of ginger for brain function include improving memory, attention, focus and mood regulation.

Components of success

Energy boost

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L-carnitine.

L-carnitine plays a critical role in energy production - it transports nutrients to brain cells.

Taurine.

Actively participates in ATP production and improves stamina.

B group vitamins.

Important for optimum energy levels.

Components of success

Energy boost

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Tyrosine

Accelerates the breakdown of glycogen to glucose by providing the body with energy.

Tyrosine is a good natural antidepressant to consider if your depression is due to low levels of dopamine or norepinephrine instead.

Lipoic acid

Is thought to protect brain and nerve tissue by preventing free radical damage.

Components of success

Antioxidant protection

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Ginkgo biloba

Contains high levels of antioxidants that provide protection against oxidative cell damage from harmful free radicals.

Lecithin

Contains phosphatidylcholine, a precursor of the neurotransmitter acetylcholine, which has a positive effect on the brain and memory functions.

Taurine

Participates in the construction of tissues, helps to remove toxins.

Spirulina

Increases the body's resistance to the effects of adverse environmental factors.

Components of success

Antioxidant protection

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Lipoic acid

It has a protective effect in the oxidation of lipids, reduces the toxic effect on the tissues of free radicals.

Theanine

Amino acid, which has an antioxidant effect, improving the condition of cerebral arteries and veins

Ginger

Helps to fight free radicals, prevents cell aging.

Components of success

Prevention of age-related memory and attention problems

Ginkgo biloba

Protects the brain from aging and promotes the formation of new neural connections.

L-carnitine

Activates metabolic processes in mitochondria and contributes to normal cell functioning.

Spirulina

Antioxidants in spirulina help to slow down the aging process.



Components of success

Prevention of age-related memory and attention disorders

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Theanine

Improves the intellectual capabilities of the brain.

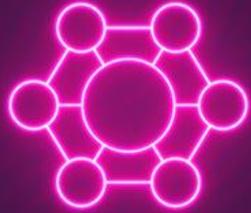
Taurine

Prevents the destruction of neurons in the brain and improves the transmission of nerve impulses.

Omega-3.

Omega-3 polyunsaturated fatty acids are the most important structural elements of cell membranes that provide cell renewal.

4 reasons to buy ONESTACK Mental Force



**A single structured
solution**



**Clear instructions
And optimal dosage**



**Synergy of active
components**



Great value

- Think clearly
- Create
- Focus
- Plan
- Easily switch between tasks.
- Forget about fatigue and anxiety
- Improve your mood
- Feel great

Rise to a new level with ONESTACK: Mental Force!





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